

Achievements in Life-wide Learning Activities

OUTSTANDING STUDENTS AND LEADERSHIP

SCMP Student of the Year Awards

- Finalist in the Community Service Category
6E Wong Mei Shan
- Finalist in the Community Visual Arts Category
6B Law Ka Wan

Tuen Mun Outstanding Student Awards

- Tuen Mun Outstanding Student
5E Tse Kai Lee
- Merit Award
3A Chan Constance Yuk Kau 5E Lai Hoi Lam

Outstanding Student of New Territories

3A Chan Constance Yuk Kau

Tuen Mun District Excellent Student Award

2A Lee Yuen Kuk Agatha 5E Tse Kai Lee

第三十五屆聯校學生領袖訓練計劃

- 傑出學生領袖獎
4B Au Wai Ching
- 飛躍進步學生領袖獎
4B Wong Ching 4C Yeung Lam



Mainland Exchange Programme for Student Leaders

5A Chan Tsz Wai 5A Ng Sze Tung 5D Wu Yongyi

"Pursuing Excellence and Beyond" Young Leader Award Scheme

- Outstanding Student
6E Gurung Shirish

OUTSTANDING ACHIEVEMENTS IN INTERNATIONAL EVENTS

The 2nd International Chinese Music Competition

- Plucked Strings Ensemble Gold Award

1C Wen Tsz Ying 6C Chow Kwan Yee
3C Lam Ue Man 6D Siu Wing Yan
6B Fan Cheuk Man

- Chinese Orchestra Silver Award

1A Choi Yee Tung 3B Ng Michelle
1A Lai Yan Kiu 3C Lam Ue Man
1A Wong Hoi Yiu 3C Lam Wing Tung
1B Tsui Wing Tung 3C Leung Hoi Ching Joey
1B Zhang Ho Yi 3D Lai Hei Long
1C Chong Wing Yan 4A Cheung Ching Tung
1C Wong Yan Ting 4A Chung Wing Yan
1C Wen Tsz Ying Tiffany 4A Kwan Hoi Yi
1D Wong Sum Yuet 4A Tam Ching
2A Fan Hiu Tung 4B Wan Yan Ying
2C Wong Chi Yan 4E Fung Suet Yi
3A Cai Yuen Ki 5A Cheung Wing Yi
3A Chan Constance Yuk Kau 5A Ho Yuen Ching
3A Wong Yi Ting 5D Chan Cheuk To
3A Wong Yik Cheung 5E Lai Hoi Lam

- Ruan Solo Silver Award

6E Chow Kwan Yee

- Pipa Solo Silver Award

6B Fan Cheuk Man 6D Siu Wing Yan

Taiwan Aegean Sea Music Competition - 2 Champions and 1 First Runner-up

1B Tsui Wing Tung

韓國亞洲音樂藝術家大賽 (釜山) - 銀獎

1B Tsui Wing Tung

HKYPAF The 6th HK International Youth Performance Arts Festival (Macau Regional Preliminary Round)

- Junior Class B 1st Place, Chopin Waltz Class 1st Place and Piano Grading Class Diploma 2nd Place
1B Tsui Wing Tung

The 20th HK - Asia Piano Open Competition (Piano Solo)

- Certificate of Honor
4C Chow Yan Pui

The 6th Hong Kong Asia-Pacific Youth Piano Competition

- Champion
3C Suen Chung Yin

SCHOLARSHIP

Sir Edward Youde Memorial Prizes

6E Gurung Shirish 6E Larbi Prudence Jessie

Sir Robert Black Trust Fund Grants for Talented Students in Non-academic Fields

6B Fan Cheuk Man

Ven Siu Kun Charitable Foundation Award Scheme

3D Lai Yuen Ting 4B Au Wai Ching

"Future Stars" Upward Mobility Scholarship

3A Ho Lau Yu 3A Hsu Ka Yan 5E Wu Xiran

Achievements in Life-wide Learning Activities

VOLUNTARY SERVICES

Volunteer Movement

- Gold Award

4B Law Yuen Chui 5A Li Yu Hing

- Silver Award

4C Pang Hoi Yi 5A Kan Sze Wan
4D Xu Binbin 5A Tian Jiaju
5A Cheng Tsz Ying 6A Fu Chung Tong Malinda
5A Chung Lai Ying 5A Chan Sze Man
5A Fong Tsz Ying 6D Li Kong Ting

- Bronze Award

4A Wong Wai Sin Lilian 5A Cheung Wing Yi
4B Lai Ching Wan 5A Ho Yuen Ching
4E Chong Wai Lam 5A Lee Tsz Wai
4E Lam Wai Ching 5A Ng Sze Tung
4E Yiu Yi Lam 6C Leung Yu Yan
5A Chan Sin Kiu 6E Lai Hoi Ning
5A Chan Yung Yung 6E Wong Mei Shan

學生環境保護大使計劃

- 專題環保章

5C Kwok Kwan Ching 5C Mo Wing Sum

- 基礎環保章

4D Chun Cheuk Hei 4E Bibi Haadia
4D Tam Wing Tung 4E Maryam

港燈最傑出「綠得開心推廣大使」

5C Chan Sin Ni 5C Kwok Kwan Ching

LANGUAGE EDUCATION

香港學校戲劇節（中文話劇）- 傑出合作獎及傑出舞台效果

1A Cheung Siu Man 3B Chow Wing Ki
1C Yeung Choi Yee 3B Fung Oi Yi
1C Liu Chau Yee 3C Cai Yan Ngai
1C Liu Yu Wai 3C Cheng Hoi Yan
1C Wong Yan Ting 3C Cheung Ka Wai
2A O Pui Yan 3C Suen Chung Yin
2A Poon Tsz Yiu 3C Yeung Cheuk Ying
3A Cheung Yi Wing 3D Lai Yuen Ting
3A Hsu Ka Yan 3D Lee Fung Yi
3A Wong Yi Ting 3D Mok Wing Tung

「中華文化·香港遊蹤比賽」- 季軍

4A Keung Wai Ying 4D Mak Suet Sin
4B Au Man Hei

第十二屆理想家園徵文比賽 - 中學初級組入圍獎

3A Ip Sau Wan

第十三屆弘揚孝道文化徵文比賽

- 高中組冠軍
4A Liu Suet Ming
- 高中組字體優美獎
4E Lam Wai Ching
- 初中組真情流露獎
2A Lau Chi Ching
- 高中組優異獎
4E Cheng Yee Lam
- 初中組字體優美獎
3C Cheung Ka Wai
3B Li Wai Lam

向老師致敬 2018 中文徵文比賽 - 高中組優異獎

4E Cheng Yee Lam

第十九屆深圳讀書月深港澳中學生讀書隨筆大賽

- 初中組一等獎
3B Chan Nga Nok
- 初中組優異獎
3A Cai Yuen Ki
- 初中組三等獎
3A Kung Sin Yin

LANGUAGE EDUCATION

第 70 屆香港學校朗誦節（中文部分）

- 中學一、二年級普通話詩詞集誦 - 冠軍
2B
- 中學一、二年級粵語詩文集誦 - 季軍
1C, 1D
- 中學三、四年級普通話詩詞集誦 - 冠軍
3B
- 中學三、四年級女子普通話詩詞獨誦 - 亞軍
3B 李瑋琳
- 中學三、四年級女子普通話詩詞獨誦 - 季軍
3C 陳利行
- 中學三、四年級粵語詩詞集誦 - 季軍
3A, 3D

International Drama Competition Semi-final

- Gold Certificate Winner

2A Ng Tsz Yau 2C Shumaila
2A Sohail Aribah 3A Limbu Sarika
2A Sunwar Diya 3A Thapa Sawarni
2C Aimen Wazir 4E Valero Aguinaga Sarai
2C Areeba Syed 5C Mall Shabina

English Drama Fest - Outstanding Performer

4E Valero Aguinaga Sarai

Halfway Home IX - 'Home Kong' Writing Competition

- Certification of Appreciation

5C Gurung Rejina

HK Secondary School Debating Competition

- Term 1, Round 2 Winner

4A Liang Yingshan 4E Bibi Haadia
4A Tze Man Yui 4E Shapkota Mahima

- Term 1, Round 2 Best Debater

4A Tze Man Yui

- Term 2, Round 2 Winner

4A Liang Yingshan 4E Bibi Haadia
4A Tze Man Yui 4E Shapkota Mahima

- Term 2, Round 2 Best Debater

4A Tze Man Yui

HK Secondary School Debating Competition



深港澳中學生讀書隨筆大賽頒獎禮

Achievements in Life-wide Learning Activities

LANGUAGE EDUCATION

The HKFYG English Public Speaking Contest

- Certificate of District Semi-Finalists
5C Hoor Ain
- Certificate of Good Performance
5D Adhikari Ikchhya
- Certificate of Participation
4E Bibi Haadia 5E Li Yin Suet

The 70th HK Schools Speech Festival (English Section)

- F.1 Girls Choral Speaking (Urban Area) Certificate of Merit
1P
- F.2 Girls Choral Speaking (Urban Area) Certificate of Merit
2A
- F.3 Girls Choral Speaking (Urban Area) Certificate of Merit
3A
- F.2 Girls Solo Verse Speaking 2nd Place
2A Tang Ka Yan
- F.2 Girls Solo Verse Speaking 3rd Place
2A Fatima Tul Zahra
- F.3 Girls Solo Verse Speaking 3rd Place
3A Wong Yik Cheung
- F.5 Girls Solo Prose Speaking 1st Place
5B Gurung Alif
- F.5 Public Speaking Solo 1st Place
5C Hoor Ain
- F.5 Public Speaking Solo 2nd Place
5E Pun Jenit

AESTHETIC EDUCATION

Joint School Music Competition

- Piano Solo Senior Gold Award and Diploma Gold Award
1B Tsui Wing Tung

Piano Masterclass by Jean Rondeau

1B Tsui Wing Tung

ABRSM Diploma Awards Ceremony - Diploma

1B Tsui Wing Tung

HK Children and Youth Piano Contest

- Senior Group Gold Award and Open Group Gold Award
1B Tsui Wing Tung

The 10th HK Outstanding Teenager Open Piano Competition

- 1st Prize in Diploma Junior Solo, 2nd Prize in Age 11-14 Scholarship Open Group
1B Tsui Wing Tung

屯元天聯校音樂文化比賽 - 鋼琴自選初中組金獎

1B Tsui Wing Tung

HKYPAF The 6th HK International Youth Performance Arts Festival

- International Final Junior Class B 3rd Place
1B Tsui Wing Tung
- HK Regional Preliminary Round Bronze Award
3C Suen Chung Yin

屯門區中西器樂比賽 - 亞軍

1B Tsui Wing Tung

LANGUAGE EDUCATION

Liberal Studies and Humanities Subjects

- Junior Secondary History e-Reading Award Scheme
3A Ho Ting Tung 3C Leung Hiu Ching
3A Kung Sin Yin 3C Yeung Cheuk Ying
3A Leung Wan Yi 3D Chan Tsz Ying
3A Wong Yik Cheung 3D Yang Xinyi
3B Li Wai Lam 3D Yeung Sze Man
3C Lam Yuen Lee

Teen Talk - Outstanding Performance

5B Kan Hoi Laam

Model United Nations Conference - Outstanding Performance

5B Mir Shamaisa

JA Trade Fair

- Award of Most Improved Team Player
4B Leung Choi Ying
- Award of Most Valuable Team Player
4E Ng Cheuk Yiu

STEM

CLP Energy Innovation Smart City Competition

- Merit Award and The Best Model Award
5B Chan Ka Nam Nicole 5E Tse Kai Lee
5E Lai Hoi Lam 5E Wu Xiran

IEEE Electronic Endeavor Match - 1st Runner-up

3B Wong Ling Chi

The 10th HK Mathematics Creative Problem Solving Competition for Sec. Sch. - Bronze Award

- 1A Ye Wing Yu 2A Lee Yuen Kuk Agatha
- 1A Yuen Pok Yin 2A Yung Ching Chi

True Light Girls' Invitational Mathematics Contest

- Individual 2nd Runner-up
4A Liang Yingshan

The 5th HK Youth Piano Competition

- Juvenile B Champion, Beethoven 2nd Place, Dance 3rd Place and Sonata 4th Place
1B Tsui Wing Tung

HK Youth Music Interflows - Chinese Orchestra Contest Silver Award

- 1B Tsui Wing Tung 3C Lam Wing Tung
- 1B Zhang Ho Yi 3C Leung Hoi Ching Joey
- 1C Chong Wing Yan 3D Lai Hei Long
- 1C Wen Tsz Ying Tiffany 4A Cheung Ching Tung
- 1D Wong Sum Yuet 4A Chung Wing Yan
- 1C Wong Yan Ting 4A Kwan Hoi Yi
- 2A Fan Hiu Tung 4A Tam Ching
- 2C Wong Chi Yan 4B Wan Yan Ying
- 2C Wong Wing Ka 4E Fung Suet Yi
- 3A Chan Constance Yuk Kau 5A Cheung Wing Yi
- 3A Wong Yik Cheung 5A Ho Yuen Ching
- 3B Ng Michelle 5D Chan Cheuk To
- 3C Lam Ue Man 5E Lai Hoi Lam

Achievements in Life-wide Learning Activities

AESTHETIC EDUCATION

HK Schools Music Festival and Speech Festival 70th Anniversary Gala - Certificate of Participation

3A Chan Constance Yuk Kau 4A Cheung Ching Tung
3A Leung Wan Yi 4A Yeung Yee Ting
3A Limbu Sarika 4B Chan Shu Yu
3C Lam Yuen Lee 4B Wan Yan Ying

The 71st HK Schools Music Festival

- Piano Solo Grade Six 1st Place and Tom Lee Music Award
 - 2A Siu Cheuk Lam
- 中級組琵琶獨奏冠軍
 - 1C Wen Tsz Ying Tiffany 3C Lam Ue Man
- 中級組柳琴獨奏季軍
 - 2A Leung Cheuk Yan
- 中學組琵琶小組冠軍及詠聲音樂盃
 - 1C Wen Tsz Ying Tiffany 6D Siu Wing Yan
 - 3C Lam Ue Man 6E Chow Kwan Yi
 - 6B Fan Cheuk Man

Joint School Music Competition - Wind Ensemble Silver Award

4A Cheung Ching Tung 5A Cheung Wing Yi

PHYSICAL EDUCATION

Inter-school Athletics Championships

- 3rd Runner-up in Overall A Grade
 - 4A Zoya-Akhtar 4D Sae-Tae Long Yan
 - 5B Kan Hoi Laam 5C Tang Wai Chi
 - 5D Fung Sheung Ling 5D Wong Cherry
 - 5D Ng Lok Hang 5E Lau Pui Yung Jessie
 - 5E Tse Kai Lee 5E Wong Hoi Ting
 - 6B Chung Hiu Yi 6C Chan Tsz Kit
 - 6C Lau An Tung 6C Yuen Tsz Ching
 - 6E Samekham Juniper
- A Grade Javelin 1st Runner-up
 - 5D Ng Lok Hang
- A Grade 1500M 3rd Runner-up and 800 M 2nd Runner-up
 - 6E Samekham Juniper
- A Grade Long Jump 3rd Runner-up and Javelin 2nd Runner-up
 - 6C Yuen Tsz Ching
- C Grade Shot Put 2nd Runner-up
 - 1C Ng Cheuk Yiu

Inter-School Swimming Championships

- C Grade 200M Individual Medley 3rd Runner-up and 200M Breast Stroke 3rd Runner-up
 - 2C Fung Paak Yin

Yuen Long District Age Group Badminton Competition

- Age 13-15 Group 2nd Runner-up
 - 2A Lau Chi Ching

Inter-School Volleyball Competition

- U19 1st Runner-up
 - 4B Kwok Shuk Yi 5C Tang Wai Chi
 - 4B Ye Xueying 5E Wong Hoi Ting
 - 4D Chan Wai Yan 6A Yim Wing Ni
 - 5D Tang Pak Wing 6E Cheung Lok Tung

The HK Buddhist Association Buddhist Card Designing Competition

- Champion - 1st Runner-up
- 3B Li Wai Lam 3B Ng Ka Yui

Tuen Mun Orchid Drawing Competition

- Merit Award
 - 2A Cheung Nga Wing Evelyn

City University Sec. Sch. Distinguished Artwork Exhibition - Distinguished Artwork

2A Cheung Nga Wing Evelyn

AIDS Walk Mask Design Contest

- Outstanding Award and Shortlisted Submission
 - 4A Zoya-Akhtar
- Shortlisted Submission
 - 3B Li Wai Lam 4A Chan Wing Tung

Tuen Mun JPC Mouse Pad Design Competition

- Champion
 - 5B Law Ka Wan

屯元區毛筆書法比賽 - 中學高級組季軍

4A Liang Yingshan

全港學生書法比賽 - 中學硬筆組優異獎

3A Ip Sau Wan 4A Liang Yingshan

Inter-School Handball Competition

- U15 3rd Runner-up
 - 1A Chan Man Yan 2A Tang Ka Yan
 - 1A Law Hau Ching 2B Lee Hau Wing
 - 1A Ngan Pui Ki 2D Yan Wing Ting
 - 1A Panaligan Noelle Angelique Lelis
 - 1A Sylva Chioma Sheryl 3B Cheung Ka Yu
 - 1B Zainab Noor 3D Lai Hei Long
 - 1C Huang Wan 3D Mac Hai Tuyet
 - 1C Ng Cheuk Yiu

Inter-School Handball Competition

- A Grade Preliminary 3rd Runner-up
 - 4A Chan Suet Yi 5D Ng Lok Hang
 - 4A Liu Suet Ming 6B Chan Yee Tung
 - 4A Tze Man Yui 6B To Sin Yan
 - 4B Lau Tsz Yan 6C Chan Tsz Kit
 - 4C Yam Tsz Yam 6C Lam Wing Sheung
 - 4C Yu Sum Hei 6C Wong Hiu Tung
 - 5A Fong Tsz Ying 6C Yu Jessica
 - 5C Tang Wai Chi 6C Yuen Tsz Ching

The 55th Hong Kong Schools Dance Festival

- Jazz and Street Dance Highly Commended Award
 - 1A Lai Yan Kiu 3C Thamsuhang Sital
 - 1D Hu Yeuk Suet 3D Huang Yi Ki
 - 2A Shresth Shreena 3D Lai Yuen Ting
 - 2A Thapa Salina 3D Mok Wing Tung
 - 2B Yiu Tsz Kwan 3D Tse Cheuk Kiu
 - 3A Lau Ying Lam Cherry 4A Liu Suet Ming
 - 3A Tanveer Eshal 4D Sae-Tae Long Yan
 - 3A Thapa Shonu 5C Mall Shabina
 - 3A Tse Man Yan 5D Lee Tsoi Kiu Cherry
 - 3C Feng Wing Man 5D Tang Pak Wing
 - 3C Muskan Kayani

Achievements in Life-wide Learning Activities

PHYSICAL EDUCATION

Inter-school Badminton Competition

- A Grade 1st Runner-up

2A Lau Chi Ching	5E Lau Pui Yung Jessie
5A Cheng Tsz Ying	6C Yuen Tsz Ching
5D Fung Sheung Ling	

The 47th Open Dance Contest

- Silver Award

1A Cheung Cheuk Nam	3A Limbu Sarika
1C Wong Yan Ki	3B Ng Ka Yu
1D Yau Tung Yan	3B Ng Ka Yui
2B Lauw Cheuk Nam	3B Yeung Pui Ki
2C Tsang Miu Yee	3C Lam Wing Tung
2C Wong Chi Yan	3C Wong Po Lee
2D Wong Ming Choi	3C Yim Wai Yan Vanessa
3A Chan Constance Yuk Kau	4A Wong Wai Sin Lilian
3A Hsu Ka Yan	4D Sae-Tae Long Yan
3A Ip Sau Wan	

Centum Charitas Foundation 10th Inter-school Dragon Boat Championships

- Champion

1C Ho Sum Yau Peony	5C Ho Man Wai Joebie
1D Kwok Yi Sau	5C Ho Sam Yin
2B Choi Yan Tung	5C Lo Lok Yiu
2C Fung Paak Yin	5C Lo Sin Man
4D Luk Sin Yi	5C Mak Sum Wai
5B Kan Hoi Laam	5C Mo Wing Sum
5B Wong Wing Yi	5C Wong Chui Chin Suk
5C Chan Sin Ni	

Centum Charitas Foundation 20th HK International Dragon Boat Championships

- Champion

2B Choi Yan Tung	5C Ho Sam Yin
2C Fung Paak Yin	5C Lo Lok Yiu
4D Luk Sin Yi	5C Lo Sin Man
5B Kan Hoi Laam	5C Mak Sum Wai
5C Chan Sin Ni	5C Mo Wing Sum
5C Chu Ka Po	5C Wong Chui Chin Suki
5C Ho Man Wai Joebie	

Tuen Mun Dragon Boat Race

- Women U23 Silver Cup 1st Runner-up

2B Choi Yan Tung	5C Ho Sam Yin
2C Fung Paak Yin	5C Lo Lok Yiu
4D Luk Sin Yi	5C Lo Sin Man
5B Kan Hoi Laam	5C Mak Sum Wai
5C Chan Sin Ni	5C Mo Wing Sum
5C Chu Ka Po	5C Wong Chui Chin Suki
5C Ho Man Wai Joebie	



CLP Energy Innovation Smart City Competition

VALUE EDUCATION

Enhanced Smart Teens Project

- Outstanding Performance Award

2A Kong Tsz Yau	2B Yiu Tsz Kwan
2A O Pui Yan	2D Tsang Ka Lam
2B Yip Wing Lam	3C Suen Chung Yan

- Greatest Improvement Award

2B Ho Cheuk Ying	2D Yeung Ching Yan
------------------	--------------------

The Most Courteous Students Award (Tuen Mun)

3A Chan Constance Yuk Kau
5C Kwok Kwan Ching

Tuen Mun District Student Award Scheme

1A Ngan Pui Ki	4D Luk Sin Yi
1D Tsang Wai	5C Wong Chui Chin Suki
1D Zhou Sin Yi	5C Yu Tsz Wing

Harvard Book Prize

- Champion

5E Wong Hoi Ting

- First-runner up

5E Tse Kai Lee

- Second-runner up

5E Wu Xiran

Super Teen 好學生獎勵計劃

- 良好品德獎

5B Khan Tahira

- 卓越成績獎

5E Wu Xiran

CLP Energy For Brighter Tomorrows Award

5E Lai Hoi Lam

第四屆全港青少年進步獎

3B Lam Wing Kiu

- 進步嘉許獎狀

4D Tam Wing Tung

6D Siu Wing Yan



Dragon Boat Team



1B 徐穎彤 — 音樂精英

1B 徐穎彤同學在海外及本地的鋼琴比賽屢獲殊榮，以下為 2018-2019 年度部分獎項及傑出成就：

- 台灣亞洲愛琴海音樂大賽 2018**
 專業鋼琴兒童 A 組冠軍、業餘鋼琴兒童 C 組冠軍及貝多芬奏鳴曲組亞軍
- 獲行政長官林鄭月娥女士邀請，出席禮賓府茶敘，與行政長官、政府官員及其他在國際比賽獲獎的香港青年及學生交流。
- 韓國亞洲音樂藝術家大賽 (釜山) 2018**
 最高榮譽青年音樂藝術家銀獎 (中級組)
- 第十屆香港傑出青少年鋼琴家公開賽**
 1st Prize in Diploma Junior Solo
 2nd Prize in Age 11-14 Scholarship Open Group
- 香港青少年鋼琴大賽 2019**
 少年組及公開組金獎
- 聯校音樂大賽 2019**
 鋼琴獨奏 - 高級組金獎
- 獲邀出席尚隆多鋼琴大師班
- ABRSM Diploma Award**

11歲港女生台灣鋼琴賽奪兩冠軍 無悔放棄升中分班試



▲ 香港11歲升中女生徐穎彤在台灣舉行的鋼琴比賽奪兩冠一亞殊榮。(受訪者提供)

香港11歲升中女生徐穎彤，早前參加在台灣舉行的鋼琴比賽，連奪兩冠一亞的殊榮，包括專業鋼琴兒童A組冠軍、業餘鋼琴兒童C組及貝多芬奏鳴曲組亞軍，揚威海外。

在台北舉行的「台灣亞洲愛琴海音樂藝術節」，於7月15日至16日舉行，今次比賽有超過150名來自中國、香港、澳門及台灣當地鋼琴尖子參加，算是香港已派出數十名鋼琴及古典尖子參與決賽，其中年僅11歲、即升讀中一的徐穎彤，力壓中國及台灣選手，連奪兩組冠軍及一組亞軍（專業鋼琴兒童A組、業餘鋼琴兒童C組冠軍以及貝多芬奏鳴曲組亞軍），成為賽事獲獎最多參賽者。

穎彤自小就熱愛鋼琴，希望成為未來可以成為鋼琴家，即將入讀Band One中學的穎彤，為了是次賽事放棄了升中分班考試，幸好學校對穎彤參賽相當支持，穎彤獲獎後更笑說，可以對支持她的新學校有所交代了！

主辦單位「台灣音樂藝術教育交流協會」理事長王文誌表示，曾代表團團員只有三年多鋼琴演奏，但能奪得兩項冠軍及一項亞軍，實屬難能可貴。



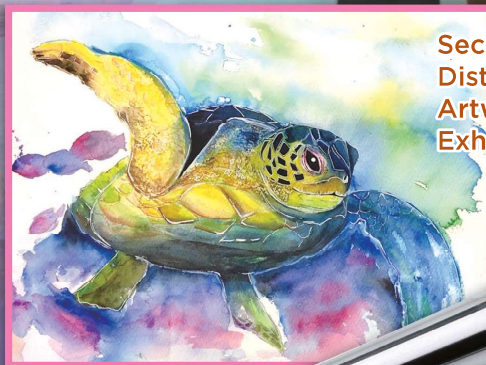
STUDENT OF THE YEAR



SCMP Student of the Year Award

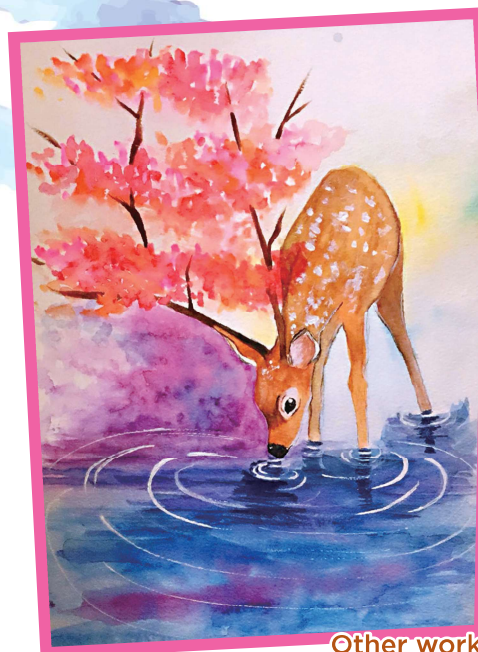


Secondary School Distinguished Artwork Exhibition



6B 羅迦尹一視藝精英

- Shortlisted in the SCMP Student Of The Year Award (Visual Artist category)
- Tuen Mun Excellent Student Award
- Winner of the Future Leaders Award
- Shortlisted in the Secondary School Distinguished Artwork Exhibition
- 2nd Runner-up in My Australian Christmas Card Competition
- 少年警訊滑鼠墊設計比賽冠軍
- Chairlady of Students' Council



Other work



少年警訊滑鼠墊設計比賽冠軍



屯門警署 3661 1670
青山警署 3661 1668

防止虐待兒童及預防校園欺凌滑鼠墊設計比賽
中學、小學及小學組冠軍羅迦尹
錦焯粵語會堂中學

Secondary School
ist Monastery

sary Gala



於校慶匯演中表演新疆舞
及指導同學。



2B 陳康葵 - 舞蹈精英

香港舞蹈團少年團精英班成員

第 55 屆校際舞蹈節 (中國舞 - 獨舞) - 甲級獎



香港舞蹈團特邀吉林延邊藝術學院為兒童團和少年團精英班，
一連五天交流藝術活動，教授朝鮮舞《鼓悅》。



Dragon Boat Team

隊員：

- | | |
|--------|--------|
| 1C 何芯柔 | 1D 郭怡秀 |
| 2B 蔡欣桐 | 2C 馮柏然 |
| 4D 陸倩怡 | 5B 簡海嵐 |
| 5B 王穎兒 | 5C 陳倩妮 |
| 5C 何旻蔚 | 5C 何心妍 |
| 5C 盧樂瑤 | 5C 羅倩汶 |
| 5C 麥琛蕙 | 5C 毛詠琛 |
| 5C 黃聚芊 | |

獎項：

- 百仁基金第 20 屆香港國際龍舟錦標賽——國際女子錦標賽冠軍
- 屯門區小龍公開賽——U23 銀盃亞軍及女子公開組優異獎
- 百仁基金第 10 屆學界龍舟錦標賽——200 米女子小龍錦標賽金盃冠軍及百仁基金邀請盃優異獎

隊長感言：

首先，逆流而上是龍舟隊的宗旨，這四個字對我們來說是很重要的。龍舟是一項講求團隊精神的運動，坐得上龍舟大家就是一條心，無論發生甚麼事情我們都要互相支持。海上經常會發生一些無法預測的事，可能是天氣突然變差，落大雨，甚至突然翻起大浪，但只要我們無懼風浪與險阻，所有隊員都逆流而上，就能化險為夷。加上，我們全部都是女學生，我們遇到的困難會比其他人的多，例如力量不夠大，體能不夠好，但我們都會繼續堅持，咬緊牙關，實踐逆流而上這個宗旨。

去年五月參加義工服務時，有一位社工向我們介紹龍舟這項運動，引起了我們的興趣。一開始我們對龍舟這項運動不是太了解，但我們見有一個難得的機會能夠接觸傳統運動，就決定參加，更於學校組織一支龍舟隊。後來我們更慢慢體會到當中的樂趣。記得第一次練習落龍舟時，下着滂沱大雨，但我們並沒有害怕，反而每個都很興奮，一心一意划龍舟，之後對龍舟更滿懷熱誠。每逢比賽前夕，訓練的日子會增加，為的是以最佳狀態應付比賽，每次完成一場比賽，我們都會跟教練認真討論可改善的地方，希望做得更好並爭取佳績。

過去一年，我們所訂立的目標，全部都順利完成。除了要感激教練們的教導和支持，更要感謝隊友們竭盡全力划每一場的比賽。另外，一年間變化最大的是隊員之間的默契和毅力，堅持不懈的精神於龍舟訓練當中充份體現出來。其實在女校組織一支龍舟隊是不容易的事，能有這個難能可貴的機會實在要感謝學校的大力支持。最後，希望龍舟隊繼續薪火相傳，發揚逆流而上的精神！

5C 何旻蔚

