

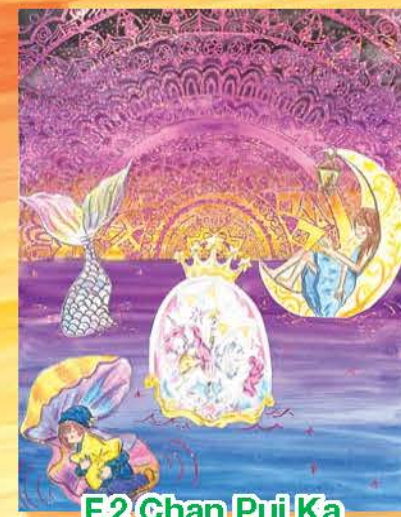
家長教師會

第二十二屆「家長教師會」 常務委員會幹事名單

職銜	家長常委	校方常委
主席	葉備雯女士	—
副主席	曾雪清女士	陳明麗助理校長
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財政	林陳華女士	陳嘉禮老師
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總務	何璇女士 唐艷春女士	梁嘉麗老師 霍凱祈老師



STUDENTS' WORK



F.2 Chan Pui Ka



F.1 Chung Ching



F.1 Deng Xin Yi



F.2 Chen Shong



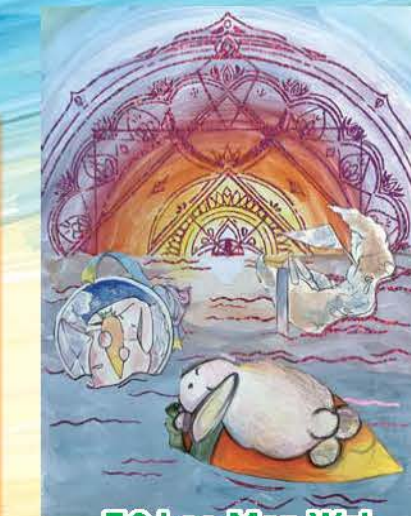
F.1 Leung Yui Lam



F.2 Chow Oi Lam



F.2 Cheng Yan Ting



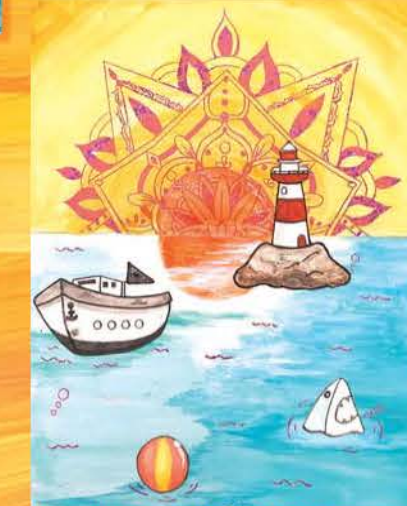
F.2 Lee Man Wai



F.2 Lee King Yuk



F.2 Ki Ching



F.2 Hui Chi Ping



F.2 Lai Man Chun

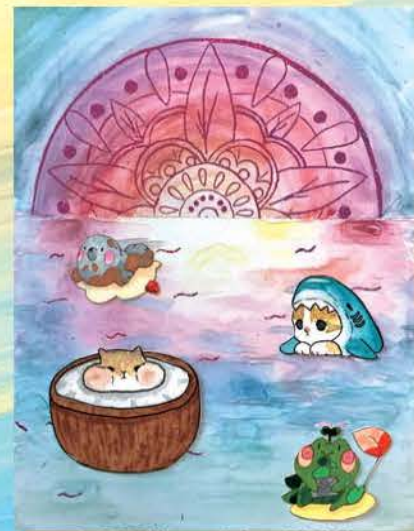
STUDENTS' WORK



F.2 Tang Joey



F.2 Tong Ka Man



F.2 Yung Tsz Wai



F.3 Lam Wai Ying



F.5 Subheksha



F.5 Subheksha



F.6 Cheng Pui Lok



F.4 Chong Hau Ying



F.4 Chong Hau Ying



F.6 Cheng Pui Lok



F.6 He Haruki



F.6 He Haruki



F.3 Chung Hong lu



F.3 Zhong Tin Wun



F.3 Lam Yi Ching



F.3 Ng Tung Lam



F.3 Lo Sum Yi



F.3 Lam Wai Ying



F.3 Roseni



F.3 Yung Yin Tung



F.6 Rain Choy



F.6 Lam Sze Nok



F.6 Rain Choy

Amazing trip to Japan

1A Hon Kam Yee

Dear Ms Ko,

Hi! How are you? My family and I went to Japan to relax during the holidays. We have bought some souvenirs for you too! A blossom keychain! I hope you will like it! I even bought your kids some postcards! They're the famous mountain — Mount Fuji! Now, let me tell you what we are doing in Japan!

On the first day, we went to Mount Fuji. That's where I went shopping and got you the souvenirs! The view was absolutely gorgeous! We took some amazing photos of us and the view. The shop there sold handmade things like a kitten necklace that I've never seen before, a blossom keychain, which is the one I got you, and such. Oh, I even learnt some Japanese from some shop owners! 'Oishi' means tasty, according to him and 'su shi' means sushi! So 'Oishi su shi' means tasty sushi! Fascinating, right?

On the second day, we went to Palette Town. It's a huge fun park with lots of roller coasters, stalls and attractions. We went on the Ferris Wheel, which is one of the biggest Ferris Wheels in the world. Tokyo Bay was amazing! At the top of the wheel, we felt like we were above the soft clouds, except my sister was afraid of heights so she missed the view, what a pity :(I went on the fast rides with my father while the rest of my family went to eat. The Hyper Drop was the BEST ride I've ever ridden on. Apparently, my father couldn't handle the ride. It was funny though. We then entered a bowling alley. I struck the pins five times! Beating my whole family and some strangers was really an enjoyment. Oh! The hotdogs that were sold in the fun park tasted absolutely disgusting! I would not recommend it, honestly. Therefore, if you're coming to Palette Town in Tokyo, do not try the hotdogs! You'll regret ever trying the food/ hotdogs there.

On the third day, which is today, we went to a famous hot spring to relax and have some fun. It wasn't as crowded as it usually is. I really got scared when I first touched the water, as it was boiling hot! I jumped right out of the water immediately. We all laughed about it and it was an amazing time. Then my grandma recommended us to watch a Sumo Wrestling match as she wanted to watch one again. We bought the tickets, and oh man it was exciting! The way they fought was unique. We even learnt the life of a Sumo Wrestler. It really isn't easy. They eat a lot a day to keep their shape and have to work out. Today was worth it. We even got the Sumo Wrestler's autograph. We felt so happy.

Tomorrow, we're going to Snoopy Town to buy gifts and dolls for our relatives and friends. If you want one too, you can tell me! I think there are Snoopy dolls, keychains, necklaces, postcards and such, which look pretty awesome. There's also a Snoopy Café. We will go there but I'm not too sure. They serve great food from looking at the reviews and images online. People recommend the Snoopy special drink. I can't wait! We're also going to Ueno Park. The blossoms are blooming right now so it's the best time to go sightseeing and take photos. We will even wear kimonos. If you don't know what one is, it's a traditional Japanese costume that people wear during special occasions. It's beautiful and isn't expensive to buy one. We can even visit the Science Museum at Ueno Park. It's about science of course. It has exhibits about space, earthquakes and other natural disasters, cool, right? Oh my! I just realised that there's a zoo too! Ueno Zoo! We will visit pandas and they must be very cute!

Well that's all! I can't wait for tomorrow! I'll send the images over later! Anyways, chat with you later! I have to go to bed now! Hope you enjoy your holiday! Bye for now!

Best regards,
Kim

A Film Review

2B Wan Tin Yan Nicole

Do you know which Disney animation was the most popular in December 2021? It's Encanto, a computer-animated musical fantasy comedy film. It was produced by Walt Disney Animation Studio and directed by Byron Howard and Jared Bush. The popularity of Encanto is due to its brainwashing and nice songs. One of the most famous songs they have is 'We don't talk about Bruno'.

The film is about a girl named Mirabel, who was born in a family where everyone has their own powers except Mirabel. Mirabel doesn't get any powers, and she wants to search for her missing uncle, Bruno. On her way, Mirabel accidentally finds Bruno's last vision (his power is seeing the future). Bruno's last vision shows that the house that Mirabel and her family live in is going to fall apart. Mirabel realizes there are a lot more things that her grandmother Abuela is hiding from her, which makes Mirabel more curious about the mystery of her family. Can Mirabel save her family? Can she save Encanto? Watch the movie to find out the answers.

The reason I love this film is because the songs in the film are beautiful and every song brings out a meaningful message. My favorite song from the film is 'What else can I do?'. This song is about a girl named Isabella, who was named as the perfect child but she's sick of it because the only thing that everyone expects from her is just being perfect. In this song, Isabella is thinking about what else she can do except being perfect. She wants to try something new. The film is well worth seeing. Don't miss it!

A Letter to the Editor About Electronic Textbooks

3A Sajjad Yusra

Dear Sir/Madam,

I am writing to express my views on the news article published in Hong Kong Daily about the possibility of replacing printed textbooks with electronic textbooks in Hong Kong secondary schools. Despite the fact that e-books have become increasingly popular, I do not believe that switching from printed textbooks to electronic versions is the answer.

First, in my opinion, electronic books impede learning. Children will use social media to entertain themselves. For instance, when they are exhausted, they will watch a movie or play some online games instead of continuing to study. In certain cases, they will also use the Internet to search for the solutions to their questions without learning anything new. This shows that using e-books will distract students from learning and students cannot benefit from it.

Secondly, reading e-books can be unhealthy. According to experts and medical professionals, staring at a screen for too long or small text size can lead to headaches, blurred vision, or even eyestrain. If many students rely on e-books and have a lot of homework to complete online, which causes them to spend too much time staring at the computer or other electronic devices, then it will result in short-sightedness. This demonstrates how e-books are harmful to students from a medical viewpoint.

Lastly, the main drawback of e-books is that they require a wi-fi network, long-lasting batteries and expensive devices. Without a wi-fi network, e-books are partially useless because they need wi-fi connection to be downloaded. In addition, e-books require long-lasting batteries. Many people frequently forget to charge their devices, which prevents them from carrying out their daily tasks. Another disadvantage of e-books is that e-books are incredibly expensive. First, you must pay to buy an expensive device, and then you must also pay to download the books. This shows that e-books are very costly compared to printed textbooks.

I hope this letter will help the people concerned to make a better decision about whether they should replace printed textbooks with electronic textbooks.

Yours faithfully,
Chris Wong

The best restaurant I've ever tried!

4C Hui Hiu Wa Dorothy

Last week, my friend and I were suddenly craving for Japanese food, so we decided to go to Sushiro to have dinner. Sushiro is a Japanese multinational conveyor belt sushi store. Sushiro is one of the most popular restaurants in Hong Kong. So my friend and I decided to give it a go!

The restaurant was located in Tuen Mun Town Centre. When we arrived, we had to wait for an hour to dine in, it's very popular after all. While waiting, we walked around the centre so we wouldn't get bored of waiting. It was quite a convenient location. When it's our turn, the staff greeted us with a warm welcome and kindly told us where the seat was.

When we got seated, we looked at the menu and were surprised by the large variety of options. We had a hard time choosing which sushi to order! In the end, I ordered a bowl of beef udon with fried tofu, a plate of Japanese egg omelet sushi and a pudding, while my friend ordered a plate of salmon sushi, a salmon and capelin roe roll, French fries and a matcha parfait. While waiting for our order, I looked around the restaurant and admired the Japanese-styled décor. The atmosphere was also cosy and comfortable, the people here weren't too loud but not completely quiet. It felt like home.

The portion of the beef udon was generous and it was one of the best ucons I've ever had! Not to mention that the fried tofu was very sweet, which suited my taste. My favourite dish was the plate of pudding! Although the pudding looked simple, it was divine. The sweetness of it was just right, the pudding paired with whipped cream tasted very delicious. The texture of it was soft and spongy, unlike the ones I had eaten before. While enjoying our meal, a dish we had never ordered came. I handed the dish to the staff and she got it settled very quickly. The service was very efficient.

Sushiro was definitely worth a visit, the price was also reasonable. I will surely go again if I have time!

A letter to the editor – The consumption of bottled water

5D Wong Tin Sin

Dear Sir/Madam,

With just a few clicks on the keyboard and the mouse, you will see articles and photos about the consumption of bottled water flooding your news feed. The phenomenon has stirred up heated controversies. Divergent as people's views on this issue in question may be, I am in favor of the idea because its benefits outweigh its drawbacks.

On the proposition side, first, consumption of bottled water is not environmentally-friendly since plastic takes a very long time to break down. Staying on the land or in the seas for many years will cause a lot of negative impacts. Land and water pollution are caused by the disposal of plastic bottles. Also, the transport of bottled water to markets produces air pollution and the toxic gases produced during degradation may lead to global warming.

Moreover, bottled water is not a budget-friendly option. It is not worth spending money on something free since boiled tap water and water from water dispensers are the same as bottled water. Then why should people spend money on buying bottled water? If people choose to fill their water bottles instead of buying bottled water every day, it may even help them save money.

Critics put forth the idea that bottled water is healthier. However, I am certain that this is not the case. The plastic used in producing plastic bottles could also be harmful to your health. Also, those bottles are kept on the shelf for a long time. Some harmful substances like bacteria may breed inside. As a result, the water is not as healthy as people think.

Taken all aspects into account, it is my firm conviction that consumption of bottled water leads to so many negative impacts that people are not recommended to drink bottled water.

Yours faithfully,
Chris Wong

A Caged Bird

6A Sohail Aribah

My mother taught me how to fly. Flying was my identity. As a child, I danced in the sky on soft and silver wings, chirping the thrill out of my veins.

I now knew nothing of the sky and even more of freedom. For what seemed like an eternity, the cold metal bars arranged around me were like a mocking hug. They taunted me as I furrowed by wings, pushing my fragile body against the solid hard walls. Staying here as long as I did, the walls were starting to cave in. Fear coursed through me as a consequence. I couldn't give up now, could I?

He's close to death. My captor. I could feel the aura of the final chapter's page closing in on him. Perhaps before he went, he might let me go too? And with that pathetic hope in me, I shut my eyes close and waited for a dawn when I would be cut loose and released.

The dawn I prayed for finally came one morning when I grew sick of the cage. The smell of death loomed in but the scent of freedom was fresher. The lock wasn't there anymore. I didn't require any guts to leave, I simply walked out just the way I walked in.

However, the hesitation came rushing in when I reached the windows. It had the same bars except they were wide enough for me to slip through. I could do it.

And I did.

Instantly, the fresh air consumed me. I just couldn't get enough. The warm air, the milky clouds and so much more welcomed me in the most enticing way. I finally knew of freedom.

But as I looked back from where I was caged, there was no cage. But merely a leftover shadow of my trembling wings and self-doubt.

Realization poured in. All this time, it had been myself that locked up all the potential I could offer the world. My thoughts were destructive and I had to let go of them. The stars and the sky were all mine if I were to bravely claim them. And so can you.

總有一種聲音直達心底

中二甲 何沛琳

人這一生聽到的聲音數不勝數，最難忘記的是您似微風一般溫柔的聲音。孩兒的哭啼聲，盛夏聒噪的蟬鳴響，以及心電圖狂跳的鳴音，這些聲音的來源無一不在觸動著我的心弦。您去世已經三年有餘，那些與您相處的美好時光還歷歷在目，您對我的教導依舊縈繞在耳邊。

清明，下著小雨，我撐著傘捎了一束白菊來探您，您知道白菊的花語嗎？是「追憶懷念」，我很想您。我緩緩彎下身將花放在墓碑前，輕輕拭去上面的雨滴，如同撫摸著您的臉頰，我恍惚間還能感受到上面傳來的陣陣餘溫。淅淅瀝瀝的雨水打在傘上，鼻頭酸澀的感覺愈發強烈，一陣冷冽的寒風刮來，吹動樹葉，發出「沙沙」的聲響。您也在思念我嗎？記憶被瓦解，時光的隧道在崩塌，那些藏在心底最深處的珍貴回憶浮現在眼前。

三歲那年，我發高燒，燒得實在厲害，在醫院打了三天吊針。當時您在深圳出差，可還是不辭萬里的趕回來，悉心的照料我呵護我。我還記得您靠在我身旁，動作溫柔地將我摟在懷裡，有節奏的輕拍我的背，溫聲細語的對我說：「不哭，我們琳琳最堅強了，對不對？」您的聲音像是有魔力般，使我的內心平靜下來，哭鬧聲也戛然而止。我點點頭，雖然只是一件小事，但正是母愛讓它變得特別，讓我茁壯成長。

八歲那年盛夏，蟬孜孜不倦的叫著，我正在學習騎自行車，俗話說得好，「不摔跤哪能學會騎單車？」由於開始時我的表現良好，於是對自己頗有信心，可誰想到前面是個彎道，我卻還未掌握拐彎的技巧，就這麼連人帶車直直的摔了下去，我的膝蓋被磕破了，流了不少血，疼痛的感覺對我來說太過強烈，於是哇的一聲哭了出來。您急忙的跑到我身邊將我抱了起來，柔聲安慰道：「不哭，我們琳琳最堅強了，對不對？」雖然後來傷口留了疤，但不足以衡量心靈的治癒。

一陣雷鳴將我從回憶裡驚醒，暴雨發瘋似的下了起來，天地間好似隔著一層薄薄的紗，朦朦朧朧。閃電劃過天空，緊接著就是響徹雲霄的轟鳴聲，這樣的場景難免觸景生情，想起那個令我惶恐的夜晚。

九歲那年，父親說您生病了，長期高強度的工作壓力和不規律的飲食習慣，導致的胃癌。聽到這個消息我呆若木雞，滿臉不可置信，我就站在那裡愣了很久很久。過了幾日，我去醫院探望您，一眼望去我差點沒認出來，您的頭髮因為化療而掉光了，聲音也變得嘶啞低沉起來，可還是強撐著要逗我開心：「媽媽現在是不是很難？不哭，我們琳琳最堅強了，對不對？」這聲音如同洪水衝擊我的內心，我的淚已決堤，緊緊的抱著您痛哭了一場。你還是輕聲細語的安慰我，只是聲音變得比以前沙啞。我想對您說：「不用擔心，您在我眼裡永遠年輕漂亮。」

約莫過了幾年，那也是一個雷雨交加的一天，窗外狂風呼嘯，猶如一頭獅子在怒吼。我和父親坐在床邊陪著您，可旁邊的心電監護儀狂叫起來，發出「嗶……」的聲響，我被嚇得魂飛魄散。父親連忙去叫醫生，我看著您躺在病床上，被推進手術室，這個畫面我這輩子都不會忘記，我和父親在外焦急的等待著，我蜷縮在椅子上不停的搓弄著手指，想借此來緩解內心的焦躁與不安。周圍萬籟俱寂，我甚至能清楚的聽到我心臟狂跳的聲音。已經不知過去多久了，手術室的大門被推開，我和父親急忙走上去，只聽醫生說：「對不起，我們已經盡力了。」

手術室門上的燈牌熄滅了，也掐滅了我心中的希望。我的手指僵硬，耳邊嗡嗡作響，大腦像宕機了一般，呆呆的愣在原地。這不是只會在電視劇裡看到的台詞嗎，怎麼會在我身邊出現？想到這裡，眼淚悄悄作祟，不停在眼眶打轉，卻遲遲沒有落下。媽媽，這次我努力忍住沒有哭啊，你能不要丟下我嗎？

真正的離別，沒有長亭古道，也沒有勸君更進一杯酒，只是在一個和平時一樣的清晨，有人留在了昨天。不會再有人輕柔的對我說：「不哭，我們琳琳最堅強了，對不對？」有一種聲音在年幼時就伴隨著我。惆悵時，會安慰；徬徨時，會指路；鬱悶時，會解惑。但它在什麼時候消失不見的呢？

我的思緒在須臾間被拉回，眼眶微微發澀，悄然間有什麼溫熱的液體順著我的臉頰滴落地面，應該只是兩點隨風飄到了臉上。過了一陣子，雨停了，都說雨過天晴，的確如此，我內心的焦躁也一同散了。周圍變得寂靜起來，可我的心裡卻是鑼鼓喧天。我想，如果思念有聲，那必定震耳欲聾。我會帶著您對我的期望好好的、快樂地生活。

一束暖洋洋的陽光灑在我的身上，媽媽，是您在擁抱我嗎？沒有人回答。離愁伴隨我佇立了很久……很久……水向東流，時間怎麼偷？美好的時光總如流水般飛逝，我無法回到過去。您的聲音婉轉柔和，似潺潺流水，可惜我再也聽不到了。人這一生聽到的聲音數不勝數，但總有一種聲音直達心底。

無悔

中三甲 林慧瑩

相見，兩夜贈油傘
含羞急掩唇
悸動，無措

相知，迢迢寄紅豆
寄情玲瓏心
暖意，暗喜

相許，桃花飄十里
華服別金釵
交杯，結髮

相伴，啾啾喜鵲鳴
拂曉畫蛾眉
巧笑，嫣然

是天命使然
也是
你我相約三生石前
攜手，一生
無怨，無悔

天朗氣清，惠風和暢；風和日麗，晴空萬里。陽光溫暖而又熾熱地揮灑在人間。車道兩旁的山脈都被上了一層薄薄的金箔。我駕車在公路上飛馳，微風拂過車窗外，帶來了清新的空氣，沁人心脾。這裡不是一線大城市，這裡是小縣城，是我的家鄉，是我重遊的舊地。

不同的小縣城都有異曲同工之處，小縣城沒有城市的喧鬧，沒有城市的快節奏，沒有城市的壓迫感。小縣城是城市的避難所，讓人們逃離城市的摩天大樓和燈紅酒綠的街道，來到避難所，獲得停留與喘息的空間。「紫金」就是我的避難所。

縱使許久未回紫金，回家的路卻清晰地刻在我的腦海裡。我沒有先回家，而是走到兒時常玩耍的田地。當我赤腳踏在那片田地，記憶頓時傾瀉而出。這片田野一如以前，有著大片金黃的油菜花，陽光下的油菜花閃閃發光，與鬱鬱蔥蔥的田野形成一幅春意盎然的春景圖。我赤腳在田野裡肆意的奔跑，享受清風拂過我的臉頰，毫無顧忌地開懷大笑，與童年不一樣的是這片田野只剩下我獨自奔跑。小時候，無論是否相識都能夠結為夥伴互相追逐，直至黃昏，才汗流浹背地回家，到最後仍不知夥伴們的名字，家住哪兒，卻總能夠在第二天於田野再次相見。我早已記不得他們的模樣，往日的歡聲笑語卻回蕩在我的耳邊，埋在我的心底，刻在我的腦海。這片田野和互不相識的玩伴相互交織成為我含淚不斷回憶的童年。

童年是一本書，我含淚一讀再讀，卻再沒有第一次的驚艷，而這本書也終將泛黃。

跑過田野，我來到枝繁葉茂的參天大樹下找到了記憶中的搖椅，看著黃昏下的田野與油菜花形成的花海，聽著微風吹過樹葉發出「沙沙」的聲音，彷彿時間就靜止在這一秒，不再流逝。我打碎了夕陽，瀉了一地橙黃，光影散在天邊，撒在樹葉上，光影透過樹葉的空隙映射在我的臉上。我不覺刺眼，反而倍感溫暖，讓人心曠神怡。許是傷心我打碎了夕陽，天空哭紅了臉頰，變得緋紅，美得讓人挪不開眼。喜歡日落，當黃昏落在身上，沒有煙火，沒有雜陳，只有光和希望，這是大城市沒有的。城市裡人們感受不到時間的流逝，只知道埋頭苦幹，就這樣日復一日；在小縣城裡，我第一次感受到時間的流逝，坐在搖椅上，感受世間萬物的流動，怡然自得。時間像是靜止在這一秒，我竟如釋重負地睡了。

當我再次睜眼，已是夜晚，抬頭一看，滿天星斗，皓月千里。我回到熟悉的家門前，正準備推開鏽跡斑斑的鐵門，身後傳來「啪」的聲音，我回頭發現是煙花，五彩斑斕的煙花打破了夜空的寂靜，也帶我陷入回憶。以前我最喜歡就是放煙花了，喜歡噴泉一樣的煙花，也喜歡在高空綻放的煙花。大城市裡禁止放煙花，以至於我多年未看過煙花了。煙花一瞬即逝，煙花會被泯滅，美好的事物也終將消失。捉不住的不只煙花與時間，對於世事變遷，我們無可奈何，我們阻止不了時代的進步，城市的發展。我很慶幸紫金這個小縣城仍未開始發展，它仍可以是我的避難所。

在這個車水馬龍、時間就是金錢的社會中，誰又有時間放慢節奏，放緩腳步呢？我們被時代推著向前跑，但我們可以在疲憊不堪的時候回到家鄉，回到屬於自己的避難所。停留和喘息是為了更好的出發，邁向從未抵達的遠方。

我嘴角上揚，輕聲對我的避難所告別。隨後離開了這裡，因為我準備向從未駐足的未來進發。

這裡不是一線大城市，這裡是小縣城，是我的家鄉，是我重遊的舊地，亦是我的避難所。

「都說過多少次了，怎麼又犯同一個錯誤！」我對兒子吼道。他捂着小臉哽咽地說：「我不是故意的。」看著他那可憐的小臉，我恍惚一瞬，眼前的場景與回憶重疊，思緒把我拉回了小時候。

我一個單親家庭裡長大，從小和媽媽生活，媽媽生活忙碌，不僅要為生計憂慮，還要為照顧我而分心。我五歲那年，媽媽工作上有個應酬，我吵鬧著要去，媽媽拿我沒辦法，只能把我帶在身邊，並叮囑我：「那裡的叔叔阿姨喜歡乖巧的小朋友，你到那裡不許鬧，靜靜坐在媽媽身邊就好，明白嗎？」我一聽到媽媽要帶我出去，哪還顧得了這麼多，連忙點頭，興高采烈地牽著媽媽的手前往我從未去過的高級酒樓。到了那，我被酒樓裡炫目的燈飾所吸引，小眼不安分到處看，和叔叔阿姨打過招呼後，我便趁媽媽不留神之際，跑去「參觀」。我在偌大的酒樓裡奔跑，看著頭頂上的燈飾，一排排晃過我的雙眼，像陽光那般耀眼。突然「啪」一聲，我不小心撞倒了一個花瓶，每個人都朝我這邊看來，媽媽這才注意到我，我看著人們眼神裡帶著的嫌棄，我知道自己犯了錯，正無地自容時，媽媽連忙跑到我跟前，我哭著說：「我不是故意的。」她點點頭，轉身對大家說：「我小孩不小心打碎了花瓶，我替她向大家道歉，我會賠償的。」後來的經過我不記得了，只記得我事後問媽媽：「您不生氣嗎？」媽媽卻對我說：「不生氣，因為每個人都會犯錯，只要你能從中汲取教訓就行。」我點了點頭，內心卻有顆不知名的種子在發芽。

到升上中學，我變得叛逆，荒廢學業，誤交損友，跟著她們學了一堆歪門邪道。直到有一次我和朋友在精品店，她們看上了一個耳墜卻沒帶錢，她在我耳邊輕聲說道：「要不我們偷偷帶走吧。」我覺得不太好，所以沒有答應。最後，我眼睜睜看著「同伴」被警察帶走，而我也被同伴誣陷，帶去警局做筆錄。媽媽接到這個消息後趕來，和警察道謝後，又一次救我於水火當中。在路上我先開了口：「我這次知道錯了，但我還有機會改過嗎，我已經十七歲了。」我看著媽媽，等待著她的回答，我這才發現媽媽好像真的變老了，頭髮花白，眼尾有了皺紋，她彎著帶皺紋的眉眼對我說：「人人都會犯錯，只要有心改過，任何時候都不算晚。」沿途的風迎面吹來，吹起了我的頭髮，也吹動了我那顆「改過」的心。

我漸漸長大，上了大學的我一直秉持著媽媽對我的教導，改過自新。我總是努力避免錯誤，希望能夠為媽媽減輕負擔。但世事無常，在我最懂事的時候，媽媽卻因過度勞累而生了重病，我覺得這也是我的錯，如果不是我的調皮搗蛋讓媽媽費心，媽媽是不是就不會生病？但媽媽卻安慰我道：「你做得很好，有把媽媽說過的話記在心上，媽媽很欣慰。」我不停地哭，直到媽媽在我身邊離去。

「媽媽，您還好嗎？」兒子扯著我的衣角喚著，我回過神來，卻因回憶起往事眼眶有些濕潤。我蹲下身對兒子說：「媽媽為剛才對你態度不好向你道歉。媽媽小時候，有人對媽媽說，每個人都會犯錯，但只要能從中汲取教訓就行，媽媽希望你也能從中學習，去玩吧。」兒子點點頭轉身跑去，我看著那小身影，又想起小時候的我。如今我身為母親犯了錯誤，媽媽您能再教我一次嗎？

春雨落下，滴滴答答，仰見枝頭嫩芽冒起尖尖角。

希望永存，生生不息。可假若你沒有理它，它便也對你愛搭不理。

當希望不從高處下來，我們便是身處泥濘，也要掙扎著爬出來，踮著腳、一躍而起，嘗試抓住希望。即使只有幾分，即使艱難困苦，多次失敗，也重新站起，再次躍起，亦不懼粉身碎骨。只要有勇氣，心中信念堅定，便得到希望嘹亮的回答。

或許你經歷怎麼努力都難以得到希望的回聲，也請深信希望存在的意義。當陳獨秀、李大釗等人創辦《新青年雜誌》希圖覺醒國人圖強救國之思想、發展新中華時，許多人認為已然身處泥濘，無謂再做掙扎。而他們懷著勇氣，深信這份希望能有迴響，深信中國定能打破逆境，迎來光明，才有現世蓬勃太平。以希望永遠都在，總有一天會有震耳欲聾的回聲之信念，相信山重水複疑無路，柳暗花明又一村。或許獲取希望回聲之願景初始時可能不切實際，也請篤信它有合乎實際的一天。有志者事竟成，無所謂是否合乎實際，當自己相信沒有得到希望回聲之可能，困於自我狹隘的想法，才真正是無望。

不作希望面前的逃兵，請迎難而上。

希望的回聲之產生關乎是否有努力創造引致回聲之條件。當發現自己對某一事物非力所能及，似是毫無條件，其實只要多努力創造，積跬步，以專一、堅韌不屈之態度，將一個大的目標切分為眾多力所能及的小目標，將小目標逐一擊破，堅持不懈。累積做好小目標，則是累計接近大目標之條件。猶如人生旅途大大小小的磕絆，自然不是生而能了然躲避、接受、越過。

得到希望的回聲需要長時間的堅持和毅力。放棄不可取，當徐徐圖之、學習和練習。鏗而不捨，金石可鏤，要堅持不懈地努力。常書鴻是敦煌研究所第一任所長，以守護敦煌藝術為希望，追尋回聲，被稱作「敦煌守護神」。敦煌藝術瑰寶歷經多次浩劫，損失慘重。常書鴻心中為之大慟，決心為保護敦煌藝術之事業奮鬥。但任務實在艱鉅，當時重視敦煌保育的人寥寥無幾，最後得到機會開展工作，可仍有不少阻礙。敦煌條件艱苦，常書鴻與夥伴吃住簡陋，但仍忍下困難，進行窟前除沙、為塑像和洞窟編號、洞窟內容發掘、臨摹壁畫等。常書鴻對敦煌藝術，莫高窟壁畫之守護，中國渾宏的文化底蘊得以不被歷史長河的沖刷侵蝕殆盡。常書鴻以堅毅精神，向希望禱告，希望回以答覆。

向希望大喊，它必然報以迴響，於是秉持信念，逆流而行，絕不妥協。為祖國征戰的軍人秉持要國家繁榮昌盛的信念大喝，在絕望中砥礪前行。多年後的現在，希望回之重重聲響。看，社會安定，人間煙火，多姿多彩，中華民族傲然屹立；聽，鬧市熱火朝天，每家每戶日常互相的殷殷關切，學子為中華崛起的朗朗讀書聲。軍人們在逆境時向希望致以吼聲，希望回聲在當代，在後世仍有餘音。可知月會復圓，雨後天晴，黑暗後是黎明。只要朝希望發出聲音，就必然有回應。縱使處於極困難的逆境，亦要保留這種希望，不經一番寒徹骨，又怎知梅花得不得撲鼻香？

馬克思說：「如果我們選擇最能為人類而工作的職業，那麼重擔就不能壓倒我們，因為這是為大家作出的犧牲，那時我們所享受的就不是可憐的、有限的、自私的樂趣，我們的幸福將屬於千百萬人，我們的事業將悄然無聲地存在下去，但永遠發揮作用。」這是無數人為國家追尋希望回聲的意義，哪怕挫折重重，哪怕以生命發聲，亦要繼續。

那群向希望發出吼聲的人呀，他們最後都得到了來自希望的回音。枝頭小綠芽總是不負春雨澆溉，綻出靚麗奪目的花。

你唾罵希望不能助你成功，希望回以譴責，譴責你對它的不信任，也沒真為所希望的事情付出足夠努力，怨懟抱歉你實在不爭氣。

你說希望是虛無，你細細聽，花開、葉落、風吹、鳥鳴、溪水潺潺，希望答覆：我永遠都在！

幸好我選擇堅持下去，才能守得雲開見月明。

車廂中的我獨坐一隅，戴上耳機，窗外的月光似乎也隨著音樂晃動，飄到我手上金燦燦的舞蹈獎牌。圓形的獎牌也恰如月亮一般，留在懷中照亮我的夢想。誰又能想像到近幾年來，我是抱著怎樣的心情去乘坐這輛巴士？

一年前，我一如既往地坐上這輛前往舞蹈教室的巴士。窗外重複的光景已是看了好些年，在目的地等待著我的只有一成不變的練習和導師的壓力。車窗外人來人往，初夏的陽光從密密麻麻的枝葉間投射下來，地上印滿銅錢大小的粼粼光斑，但我卻找不到曙光。舞步我已經倒背如流，卻一直找不到突破的空間。舞伴們頻頻找到突破瓶頸的要點，而我卻原地踏步，這令我心生壓力，父母亦開始勸退我放棄。但對於老師、同學而言，這可是我獨有的榮耀價值。「一心，這次校慶，學校想邀請你上台獨舞一曲。」「一心，這次班際舞蹈表演要靠你組織了！」他們的期待漸漸形成壓在我背上的壓力，如今的我，還值得他們這般看好嗎？

「學習也學不好，還學甚麼跳舞！跳這麼多年也沒拿半個獎！」父親的批評彷彿將我推進深淵，自此以後，我總覺得家裏有一層灰濛濛的霧，我也對自己的夢想開始動搖。雖然我每個星期六仍會風雨不改地由家裡乘坐巴士來回舞蹈教室，可我發現我只是從一片烏雲逃到另一片烏雲，所以，我到底還要堅持下去嗎？

我打開舞蹈教室的燈，本來昏暗無光的教室在這一剎變得明亮。燈光打在我的身上，我站在鏡子前，細看著手臂上、腿上大大小小的傷口，因多年練習而磨蝕的鞋跟，被多方挫折打擊得眼裡失去了往日的意氣風發。

「難道真的要就此放棄嗎？」我把手放在把桿上，閉上雙眼，嘗試從冰冷的把桿上感受著我曾為此付出的汗水，我當初學習芭蕾舞的熱誠有多麼滾燙。恍惚間，腦海中浮現那一遍又一遍吃力忍痛壓著腿，增強自己柔韌度的身影；那被汗水打濕了頭髮，卻還堅持不懈地跟著播音機裡傳出的音樂翩翩起舞的身影；站在舞台上，高傲的小天鵝昂著頭，不急不慢地緩步走向台前，享受著掌聲的洗禮和聚光燈的照射，再以優美的姿態鞠躬謝幕。

當我再次張開雙眼時，我跟鏡子裡的人相視一笑，我將卡帶放進播放器，隨音符而起的不是繁複的舞步，而是一次又一次地練習著最簡單的基本功。我深知我遇到瓶頸的原因是我的基本功不夠紮實，導致動作不夠流暢，所以一直得不到突破。可早前的我太過著急於證明自己的實力，一直想挑戰高難度的動作以譁眾取寵，從而忘記了基本功的重要和我學習的初心。

雲朵的邊緣鑲上金黃色，天際緩緩變亮，朝日從雲邊出來，霞光無聲蔓延，翻騰的雲海似乎就在腳下。兩個月前，我向老師遞交了比賽申請書。我獨坐一隅，微風伴隨著道旁槐花的清芬向我迎面而來，溫柔的慰撫就像是給我今天的比賽打氣。我在休息室拉伸，與一旁緊張得直打轉的參賽選手形成鮮明對比。「參賽者李一心，請準備！」我調整著比賽服裝，緩緩地走向後台，「享受當下就好了。」「有請參賽者李一心！」我和老師相視一笑後，便邁著堅定不移的步伐往台中央走。

在無數個想要放棄的夜晚，我都在詢問自己學舞的意義。是那一張張考試證書？一塊塊的獎牌？都不是。於我而言，大方且自信地展示著自己的舞姿，用自己的肢體動作表達出內心獨白，站在台上閃閃發光就是我學舞的意義。聚光燈打在我的身上，流動的音符圓滑動聽，伴隨著靈動的足尖，在空中舞出芭蕾舞優雅的風致。曲終，掌聲連連響起，我嘴角帶笑，到台前鞠躬致謝，便不急不慢地下了台。

直到頒獎環節，從未如此舒心跳舞的我不再如往常般糾結於賽事的結果，因為表演出圓滿的作品已經是我的成果了。「冠軍是……李一心！恭喜！」雖然我不在乎能不能拿冠軍，但這是我久未獲得的認可。台下的掌聲一波接一波，我用汗水和淚水鋪就的舞蹈盛宴終於迎來了客人。我環視著台下觀眾席，無一不是在為我鼓掌。此時的我仿如一隻天鵝般，抬頭挺胸地享受著人們的注視和掌聲的洗禮。

巴士到站後，我在家門前躊躇片刻，還是鼓起了勇氣推開家門。預想中的批評並沒有出現，反而迎接我的是一桌子菜餚。「一心，坐。無論結果是好是壞，你在我們心裡都是最優秀的。其實爸爸很後悔那天向你說出這麼過份的話，我應該要無條件支持你去追夢才對，是爸爸做得不對。」那層灰濛濛的煙霧漸漸散去，這些天，我都看不清父親的臉；而今天，隔在我和父親之間的隔閡全然消失了。我從背包拿出那滾燙的金牌，在暖黃的燈光照耀下顯得更加耀眼。

月光穿過樹蔭，漏下了一地閃閃爍爍的碎玉。屋內久違地溢滿歡笑聲，金牌反射出的是一對父女和樂融融吃飯的場面。

Good
tidings
from
our
teachers



The baby daughter of
Miss Leung Hoi Sum



The baby son of
Miss Hung Lai Man

母校妙法寺劉金龍中學創校五十週年誌慶

弘育菁莪
陶鑄恩深

舊生何詩琪醫生敬賀
瑪嘉烈醫院顧問醫生

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香港青年協會青年服務諮詢委員會委員
香港青年協會青年創研庫研究員

資優教育諮詢委員會委員
暴力及執法傷亡賠償委員會委員
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社會企業「醫療工匠科技」聯合創辦人

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桃李芬芳 再譜華章

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作育英才 教澤流芳

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榮譽勳章
太平紳士

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金龍五十育英才，
妙法啟蒙展翅飛。
巾幗光華照時代，
英姿颯爽薪火傳。

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